

## Help PATH build relationships with our neighbors experiencing homelessness!

Assemble “Care Kits” that include new travel sized hygiene items and non-perishable snacks. PATH street outreach teams will distribute the Care Kits to our neighbors experiencing homelessness and use them as a tool to build relationships.

### What’s inside a Care Kit?

Below are suggested items for women’s and men’s care kits which include new travel-sized hygiene items and non-perishable snacks. The most useful way to distribute these items is in **1-gallon plastic bags**. You are welcome to personalize kits with note cards, but we ask that you refrain from including personal contact information.

#### Women’s Hygiene Items

- Anti-bacterial wipes
- Mouth wash & gum
- Dental floss
- Toothbrush & toothpaste
- Deodorant
- Women’s socks and underwear
- Hand sanitizer
- Lip balm
- Lotion/sunscreen
- Shampoo & conditioner (dry shampoo is preferred)
- Nail clippers
- Razor
- Shaving cream
- Hair ties & comb
- Feminine hygiene products

OR

#### Men’s Hygiene Items

- Anti-bacterial wipes
- Mouth wash & gum
- Dental floss
- Toothbrush & toothpaste
- Deodorant
- Men’s socks, underwear and under shirts
- Hand sanitizer
- Lip balm
- Lotion/sunscreen
- Shampoo & conditioner (dry shampoo is preferred)
- Nail clippers
- Razor
- Shaving cream
- Comb

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#### Non-perishable snacks

- Granola bars
- Mini cereal boxes
- Nuts
- Dried fruit
- Crackers
- Pretzels
- Jerky
- Mini water bottles



To schedule drop offs, please contact:

Los Angeles  
[pathvolunteers@epath.org](mailto:pathvolunteers@epath.org)

San Diego  
[sdvolunteer@epath.org](mailto:sdvolunteer@epath.org)

Santa Barbara  
[johnb@epath.org](mailto:johnb@epath.org)

All drop offs must be scheduled 24 hours in advance at our West LA or LA interim sites.

All donations are gratefully acknowledged with a receipt for tax purposes. Community service hours can be verified if desired. Due to limited transportation and storage, PATH is unable to pick up donations.



PATH is ending homelessness for individuals, families, and communities. We do this by building affordable housing and providing supportive services throughout California. To learn more visit [www.epath.org](http://www.epath.org)